

***Albuquerque International Association and Center for
International Studies invite you to attend***

Pandemic: Are You Ready?

September 4th, 2008, Thursday, 11:30 am – 1:00 pm at Savoy

What is a pandemic? What's the difference between human avian flu and influenza? Why should you be concerned with this virus? There have been 385 human avian flu cases reported worldwide over the past five years; of them, an alarming 243 individuals (over 60%) have died. If this virus mutates and becomes more easily transmitted among humans, it could cause a worldwide pandemic as devastating as the one in 1918 killing as many as 100 million people.

Dr. Olmstead will discuss why individuals and businesses need a plan for dealing with a pandemic outbreak that would severely impact our lives and our businesses. She will outline what we should expect if we experience a pandemic outbreak in our lifetime and how we should best respond to it. She will also focus on disaster planning and provide practical suggestions for minimizing the pandemic outbreak impact on our lives.

Dr. Olmstead received her Bachelor of Science degree from the University of New Mexico and her medical degree from the UNM School of Medicine. She completed her residency in Internal Medicine at the University of New Mexico Health Sciences Center.

Since 2006, Dr. Olmstead has been the Medical Director of NM Travel Health, and Olmstead Health Care Services where she specializes in international travel health, vaccinations, and pandemic planning. Dr. Olmstead previously served as National Medical Director for Concentra Medical Centers Travel Medicine Program and developed their pandemic manual. Dr. Olmstead is certified as a travel medicine specialist by the International Society of Travel Medicine and is board certified by the American Board of Internal Medicine. She has served as a sub-investigator in numerous clinical trials. In addition, she has written and lectured extensively on subjects relating to travel medicine and health, occupational medicine and pandemic planning.

**Cost: AIA Members: \$26, Non-Members: \$30
Student: \$5 (members), \$10 (non-members)**

Please mail your check payable to AIA, PO Box 92995, Albuquerque, NM 87199 by August 31, 2008. For more information please visit www.abqinternational.org

Savoy is one of the best ABQ restaurants located at 10601 Montgomery Blvd. NE (between Eubank and Juan Tabo, north side)

*Savoy Bar & Grill
10601 Montgomery Blvd NE
Albuquerque, New Mexico 87111*

Starter

Cup of Home Made Soup of the Day

Entrée

(Choice of one of the following)

Open Faced Portobello Mushroom Sandwich
Roasted peppers & zucchini, toasted focaccia, three cheese béchamel, petite green salad

Pesto Shrimp Linguine
Wood oven vegetables, toasted ping nuts

Chicken Breast Picatta
Sour cream mashed potatoes, seasonal vegetables, lemon-caper pan sauce

Dessert

(Choice of one of the following)

Chocolate Mousse Parfait
Raspberry sauce, whipped cream

Tirimisu
Expresso anglaise