

***Center for International Studies – Albuquerque International
Association***

***On Death & Dying: Comfort before Death
Death by Chocolate Dinner***

***Dr. Aroop Mangalik, M.D, University of New Mexico
October 22, 2014 (Wed) 5:30 – 8:00 p.m.***

**La Vida Llena, Carter Hall
10501 Lagrima de Oro Rd NE**

Death is international, global. None of us will get out of here alive. We know this, but many of us deny the inevitable. As a nation we Americans may be the biggest "death deniers" of all. Our advanced medical devices and life-prolonging practices make it possible to extend life well beyond the point where it is worth living. It is a well-known fact that in the U.S. a person's last year medical expenses is by far the most costly; the last months of prolonged life can be the most degrading. Other -- more traditional -- societies often are more accepting of death. It is a part of life. In confronting and preparing for our own deaths, and for those of the people we love, it would seem that we have much to learn from European, Asian, Latin American and African approaches to the end. But ironically, the "American Way of Death" is being exported, as scientific medicine in other countries advances. In his talk Dr. Mangalik will discuss the end of life and the ways we can best prepare for it. Drawing on his personal observations in rapidly changing India he will provide some of the lessons a "traditional" society has to offer, and show how modern medicine is challenging them.

Aroop Mangalik is Professor Emeritus at the University of New Mexico. Dr. Mangalik was an oncologist at UNM Health Sciences Center for 30 years, until his retirement in 2013. He has had an interest in medical ethics for many years and is a former chair of the Biomedical Ethics Committee at UNM. His efforts have been directed towards policies and procedures that would lead to a comfortable death for patients suffering from life-threatening illnesses.

Cost: (includes one glass of wine): \$35/Members; \$45/Non-members. Attendance is by advance registration and payment only. We cannot accommodate walk-ins.

Dinner events sell out quickly. Seating limited to 100 people.

An Untraditional "Death by Chocolate" Menu

Spinach Salad with Mango, Cranberry, and Chocolate Balsamic Dressing ~ Chocolate Drop Biscuits ~ Breast of Duck Mole, White Chocolate Yukon Mashed Potato, Cocoa and Red Chile Dusted Butternut Squash ~ Chai Chocolate Truffles with Berries

Please send check payable to AIA by October 16 to AIA, PO Box 92995, Albuquerque, NM 87199 or pay on-line at www.abqinternational.org.

See www.abqinternational.org for full calendar of events and updates

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